



	CURRENT	FUTURE
1. What is your approximate individual monthly spend on groceries.	\$ _____	\$ _____
2. What is your approximate monthly spend on eating out.	\$ _____	\$ _____
3. What is your approximate monthly spend on coffee/soda drinks.	\$ _____	\$ _____
4. What is your approximate monthly spend on cigarettes?	\$ _____	\$ _____
5. What do you spend a month on doctor's visits/co pays etc...	\$ _____	\$ _____
6. What is your monthly spend on medications.		

Please list them individually

	\$ _____	\$ _____
	\$ _____	\$ _____
	\$ _____	\$ _____
	\$ _____	\$ _____
	\$ _____	\$ _____

TOTAL CURRENT MONTHLY SPENDING \$ _____ \$ _____

TOTAL MONTHLY SAVINGS APPROX \$ _____

Things to consider when thinking of choosing to have LAP-BAND® Surgery

Your Calorie consumption or food portion will be reduced by approximately 50%
 Average person after losing 10% Excess Weight Loss will start to reduce and hopefully remove medications for Co-morbid conditions... diabetes, sleep apnea, osteoarthritis, cardiovascular.
 These are directly related to obesity in most cases.

Platinum Surgical Care

Carrie Wagner - LAP-BAND® COORDINATOR 636-931-4744

www.platinumsurgicalcare.com